

TURN AROUND DIRECTIONS

5.

THIS IS THE PART OF THE RESENTMENTS THAT WE CALL "TURN AROUNDS" WHICH DEALS WITH OUR PART IN THE RESENTMENT. THIS IS ALSO THE "EXACT NATURE OF THE WRONGS" WHICH YOU SHARE IN THE FIFTH STEP. HOPEFULLY, YOU WILL SEE THE TRUTH IN THIS PART. IT CAN BE VERY FREEING. PLEASE KEEP ANSWERS BRIEF AND TO THE POINT. SELF-SEEKING IS USUALLY SOME KIND OF ACTION TO GET YOUR WAY OR LOOK GOOD.

IF YOU HAVE QUESTIONS, USE YOUR BIG BOOK STEP STUDY SPONSOR. LET YOU SPONSOR, SPONSOR YOU! DON'T LEAVE ANYTHING OUT. THIS IS LIKE SPIRITUAL SURGERY. YOU WANT TO GET OUT EVERY SICK CELL FROM YOUR THINKING. THIS PROCESS HAS STOOD THE TEST OF TIME. IT WILL WORK FOR YOU, IF YOU FOLLOW DIRECTIONS.

DON'T LEAVE YOUR FOURTH STEP OUT FOR OTHERS TO SEE. PEOPLE ARE CURIOUS AND WILL WANT TO SEE WHAT YOU HAVE WRITTEN. IF THEY DO SEE, IT COULD CAUSE MANY PROBLEMS!

SOME THINK GOING THROUGH THIS PROCESS AS "MYSTICAL" WHICH MEANS AN EXPERIENCE AND PRACTICE AIMED AT HUMAN TRANSFORMATION. IT MEANS WE CAN GO FROM "IGNORANCE TO ENLIGHTENMENT." WE LEARN TO KNOW THE TRUTH!!